

THE PAINTER THAT NEVER PAINTS
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Adrian Gabriel Dumitru

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***ALL PROBLEMS
ARE ILLUSIONS OF
THE MIND***

ECKHART TOLLE

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***TO MY DEAR
FRIEND ... THE
PAINTER ... THAT
PAINTER THAT
NEVER PAINTS***

Adrian Gabriel Dumitru

INTRODUCTION

The painter that never paints

Unfortunately many times in my life, i was acting as my friend ... the painter ... that painter that was never painting

It was Paris ... about 4-5 years ago.

Someone introduced me a lady, which was a painter ... a very smart lady ... a genius i could say and it was a pleasure to spent time with her.

We became friends.

We started to go out everyday to the amazing coffees shops from the central area ... the ones close to the Seine and we were talking for hours.

She was telling me about her next paintings and was describing me in tiny details all the elements of the scenes. Had an amazing way of talking ... but also knew a lot about art.

In few weeks ... me ... a guy that did not knew anything about art, started to understand what is the whole meaning of art in our lives.

Soon i understand that she is not painting anymore, cause, for the moment, she does not have the necessary money for

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painting materials and right away i give her an amount that she could start again.

I also promise her to not worry, cause i will give as much as she needs to continue her work.

Few days later, i dare to ask her if she started to work on the paintings that she was telling me about ... and suddenly she became very annoyed.

Not understanding what is really going on ... being a polite person ... i succeed to change the subject and we continued in a nice way our conversation while drinking the amazing parisian coffee, but few days later i ask her again the same question.

Suddenly she changed her face and became so angry that i thought for a second that she wants to ... kill me.

I could not understand what was wrong.

I was asking a painter if she was started to paint ... cause now she had the money for the materials.

Again i succeed to avoid the useless conflict with her, but going to her apartment, which was small like any parisian apartment ... i see no painting materials.

In the end she tells me that the materials will come in few more days, cause it was a delay to her order, but also asks if i can give her some extra money, for another order also.

I smile ... cause in Paris you find painting materials in the city center and she could buy them right away ... but i give her the money she asked for.

Before leaving the apartment, in the last second ... i see drugs on the small table from the entrance.

I smile again ... and understood she used the money to buy drugs instead of materials.

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I saw at her house about 15 paintings and indeed she was a great painter, but she was the painter that was actually never painted.

I leave ... and i get mad.

It was all a trap.

I was fooled like a 5 years old kid by this lady and actually i was helping her to take drugs ... without realizing not even for a second what i am doing.

She called me later on ... 100 times, but never answer her back.

Even told me that she will go to the Police to make a complain against me ... but could not clearly understand why.

One year later, i accidentally meet her near the Opera ... and she was pretending that she did not knew my name anymore.

I smile ... we exchange 2-3 words and i leave.

But one day, 2 years later ... i was meditating again over the subject for about 2 weeks.

Something was unclear for me ... and did not knew what and why.

I judged her too much ... but maybe i was also the painter that never paints ... many, many, many times in my life.

My parents supported me to study at the University of Polytechnics ... but i was not going to courses and instead i was losing my time in the coffee shops all day long.

I was the student that never went to classes ... and i was doing same as the painter that was never painting.

I complete University, i open a company and i had so many clients that sometimes i took money from my clients, spent

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them ... and forget to deliver the promised services to the clients.

It was such a chaos at that time, that it was a total mess with the orders ... so ... i was doing what??!

I was the businessman that promised to deliver some services that were never delivered.

I was judging the painter ... but i was worst as her.

The list with my silly mistakes from life ... was huge.

I remember i read hundreds of books of personal growth ...

and one day i even read a lot about management if conflicts ... and guess what i did next after i finished studying that subject?!

I laugh ... while writing to you ... cause what i did was that i had more and more useless conflicts with the people from my life.

So ... the best definition of myself could probably be the same as that silly lady ... the painter that never paints.

**Don't bother to change people.
Just show them with your finger ... the
path you were talking about and leave**

Lots of people dream today to become influencers ... and when i say influencer, i mean a person that can influence especially the people from their lives.

They give an advice to the sister, to the neighbor, to the colleague from work ... and one day they start to give advices to everybody around.

They could even be named the deposit with advices, cause no matter when you will ask something, or whatever advice you need ... that person will let you know what you have to do.

Becomes kind of a ... path finders ... for any problem you would need.

But the question is ... is it good to give people advices all the time?!

Would the person that gives the advice follow those advices for his own life?!

Are we talking about theoretical concepts ... or real paths to follow?!

How's that everybody is an expert in advices but all around us, if we start chatting to talk deeply with people

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about their lives ... we just see chaos everywhere.

It's kind of a non sense ... but what is funny is that no one is thinking of giving you the real trick about how to find the path.

We just give advices ... as experts ... advices that we should never follow for our lives.

I suffer of this disease of giving advices also ... but by not such a long time ... i succeeded to change a little bit the script.

I tell people ... "Listen! This is how i see things, this might probably be the path, but to be sure you can follow a new path ... and not actually go on a pathless path ... you need to learn to connect to the inner self and ask your soul, which is actually the gateway to the Universe ... if you are on the right direction.

If your soul says ... yes ... just do it without thinking anymore.

If you have any doubt ... just stop and do nothing, cause the right time did not came yet."

I just show them with my finger the path and leave ... and don't even ask myself if i would follow that path ... because i know i have moments when i prove i am courageous, but also lots of moments when i am a coward.

Forced to stay in kind of a prison ... not having what to do they started to ... chat and connected to each other

A father and his 2 sons had to go in a trip by train for about 25 hours.

It was a very long trip, but an important one, cause the father had to have a surgery in Vienna.

He was calm ... but his 2 boys not.

No one was saying anything ... just staying and watch the window into their drawing room train.

After few hours ... the silence became annoying.

All of them liked to socialize with other people ... but they were not doing it when they were together.

It was like the connection of communication was cut off ... but no one knew why.

The room from the train was so small ... that was creating the feeling of a prison cell.

But ... suddenly something happened and they started to chat.

They began to tell stories that happened many years ago ... and started to laugh a lot.

In fact ... they could not stop laughing.

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After so many years ... they had again a moment of connection as a family, but somehow only because they were forced to stay for 25 hours into kind of prison cell, where the only thing they could do was ... to chat.

The conversation was amazing and they realized they have great memories together ... but they just forgot about them.

The train stops to Vienna ... the surgery went well and father lives another 9 years but they never had the chance to chat again like in that day.

It was somehow ... funny ... cause the Universe forced them to connect ... and they had so, so many things to talk about ... but could not understand the message.

They lived ... without interacting one to each other ... even if they cared one of another ... and they knew what they had to do ... to be a great family.

9 years later ... father dies ... and the connection is cut again ... completely.

You see ... unfortunately ... the Universe shows us the paths ... and there are many, many occasions when we just know what we have to do ... but we ignore everything ... and we spoil life as idiots.

And same as the guys from the story ... the script is followed by many of us.

**Feeling lost.
Being lost.
Remaining lost.
... a way of living life.**

It looked like he was in perfect shape by a very long time.
He had arranged all the aspects of his life ... except one ...
his soul.

He felt lost ... but lost from his soul.

He knew that the feeling of emptiness from inside of him will
not disappear ... unless he will not run away by his soul ...
but he was still delaying everything.

Her friend ... that lady that was feeling so well the dance of
energies ... told him few times to pay attention to the details,
cause there is not so much time left.

The delaying needed to stop.

But he was feeling lost and was remaining lost.

He knew that his lady friend was right ... cause he was
feeling the same.

He could clearly see the path to his soul ... and all he needed
to do was to embrace his inner self.

Nothing more nothing less.

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It was a process of accepting, embracing ... and continuing life together ... counting one on another.

But ... still he was not doing it ... even if that was so simple and the process itself could change his life into a beautiful way.

Remaining lost ... was for him a way of living life, even if he knew all what he had to do.

But same as him ... most of us do the same.

If you randomly ask someone that has problems what has to do, you will see that knows perfectly what he must do, but ... if you watch that person acting on the timeline of his life, you will be amazed ... seeing how silly he acts.

And most of us do the same and in the end we just remain lost.

“I will not lie that i would ever fall in love with a guy that has a cheap car”

Recently saw a funny movie on social media with a star that was explaining why she would never fall in love with a guy with a cheap car.

In her vision ... the car is extremely important and is letting the others know if we are a powerful person ... or just an ordinary being.

And being near a very simple person ... was not so interesting for her.

The funny thing is that in the movie she even named the car that she hates ... and that was exactly my car.

I was laughing ... but still i didn't feel so offended ... cause i have 2 cars ... a beautiful one and an ugly one.

I don't use to study the opulence ... but you can only smile when you see non values as this lady, which is actually very well known in my country ... creating so powerful trends.

But at least she was ... honest.

She loves the expensive cars, luxury houses ... money ... and everything means power and opulence.

She wants the best life can offer to a human being and being a star ... and a very beautiful woman ... in my opinion she is exactly the expression of what the motivational quotes

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and movies are telling us that the amazing success is.
But what it also funny is that my brother sold to her and her spouse a very expensive house ... a luxurious mansion ... spanish style.

Her spouse was acting as a very successful businessman, but in fact he was a pimp and a drug dealer and was beating her all the time.

She ended the story with this guy that had Lamborghini, Rolls, Bentley and private jet ... because she was terrified with the life she had with him.

But still ... on tv ... she was explaining and trying to convince all the other ladies ... that the car is extremely important when you choose a new partner.

She said nothing about love.

Nothing about the connection between the other soul.

Nothing ... about values ... or at least liking each other

And i wonder myself if Lamborghini is so important ... how she was feeling when the drug dealer was beating her ... she was still keeping in her mind the next ride with all those expensive cars, so that she can handle much easier the pain?!

I smile ... and i continue my pathless path of studying the non sense.

Motivation is just a theoretical concept ... unless you start practicing what you are talking about.

The concept ... “the painter that never paints” ... is kind of a theoretical concept ... explaining the profile of many, many people from all around the world that has the knowledge to make a plan to start an amazing life, but ... don’t do anything in that direction.

During the years i met lots of people that knew all the motivational quotes in the world, but they never did anything for real to start new paths for their lives.

Not a specific path ... but any new path ... cause probably anything should be better as what they have now.

But i would certainly define them as experts in motivation, same as i knew that my friend ... the painter ... was a great one ... even if she was never painting.

She was very talented, cause i saw her paintings ... but she did not practice her talent.

In the same way ... the rest of us ... even if we know so, so many theoretical concepts ... we just don’t practice anything from what we are talking about.

Motivation is just ... a trend.

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Sounds good ... and even makes us feel good talking about it ... but we don't find any connection between theory and practice.

We just don't know how to do it.

Everybody is talking about it ... but no one is really implementing those beautiful concepts.

And we end up ... knowing all the time what to do in life, but never really ... make any change at all.

... and life continues in a silly way.

Staying in a place where you know you are just needed ... but not welcomed ... a very difficult position to be understood

We use to spend our lives wherever life takes us.
We know that maybe we should be in a different place,
but ... we accept the place where we've been placed by the
Universe.

In fact ... it's a mix between accepting, but also staying in a
comfort zone ... difficult to be defined ... cause we feel needed
in there.

It might be about a marriage, where we actually are needed
for bringing money for raising children, or job where
colleagues don't like us, but we are very good professional
and they need us in the team etc etc.

We are just needed ... and sometimes even a lot, but not
welcomed.

We don't see any joy ... but still ... all we have to do is
continue doing our ... job ... cause in the end is a job ... and

a duty.

Maybe is about dharma ... or even about karma, but even if
the feeling of being needed is a good one ... we still dream to
be welcomed also in that place where we spend our lives.

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But many, many times ... we just need to ignore what we feel inside of us ... smile ... and continue the path.

Only remembering for a second ... the desire of being part for real of that environment ... creates a sadness inside of us ... but there is nothing to do in that direction.

Maybe it is also a life lesson ... for both sides ... but as long as you still stay in there ... even if it is a position difficult to be understood ... the only thing left to do is just to do ... your duty.

Nothing more!

This is the path of the present ... and maybe an important one ... but don't worry, cause at the right time ... new paths will appear for you.

Just smile ... and keep walking on the timeline of your life!

My mind ... a collection of nonsense thoughts

After years and one million plans ... i realized that my mind is full with ... nonsense thoughts.

In fact ... it was actually a huge collection of nonsense thoughts.

... and it was difficult to admit it ... same as i would admit that i have a huge problem ... that i ignored for years ... cause the nonsense was part of my life by such a long time. I was not following any certain direction ... or maybe i was following too many directions in the same time ... but whatever i was doing something was wrong and i could not understand ... what.

The feeling given by the nonsense ... was so powerful that i could't stand it anymore ... so one day i just decided to say it ... loud ... "Universe ... just STOP!".

The nonsense ... was in fact my searching ... for a path difficult to be understood for my mind from that time ... but i was continuing searching.

I felt it was a nonsense all what i was doing and it all became a journey to a pathless path.

The meaning of all those thoughts?!

The meaning of all those actions?!

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The meaning of the nonsense itself?!

Well ... i knew all what i had to do ... but i was continuing to stay on that path.

Later ... i just realized ... that all what i am doing was ... experiencing life, trying to understand it.

But no one ever told me to also ... enjoy it!

Jumping from thinking to ... no thoughts at all ... a wild decision.

We think a lot, no matter who we are.

They say we have thousands of thoughts a day ... but i am sure that most of them are unconscious thoughts that we have no clue there are in our minds.

We just feel them as weird feelings coming from ... nowhere ... having absolutely no idea of why we feel in the way we feel.

All those thoughts define our vibes, but not even for a second ... we do not realize that we could actually stop this machinery of thoughts.

Just ... stop.

Nothing more.

A difficult decision, but in the end should be a decision that would help stop the process itself of overthinking ... that is ruining our lives.

Bad vibes would not continue forever.

They will just ... evaporate ... and let an empty space for beautiful moments.

Stopping the thoughts .. especially when we are on a difficult time ... will help us see that the world is not that silly

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problematic moment.

Will let us disconnect from negativity ... if we are in there, but also let us see that negativity and positivity are 2 paths that in many cases ... we are the ones that decided to follow. The balance between beautiful and ugly thoughts could be stoped ... and even if might look as a wild decision ... is a wise one.

Truth be told ... thoughts can control us.

But we can also control ... the thoughts, just by deciding today ... it is the right time ... for a beautiful life.

I know you knew all those facts ... but i just wanted you to remember ... to not act in life as my friend, the painter ... that great painter that never paints.

You could be your own ... therapist

I was wondering why should we bother to pay a therapist, when in fact we could do the process of connecting to ourselves ... just by deciding that.

I mean ... if we can't understand that a stranger can just start with us a process of a inner guidance ... but the connection itself can be done only and only ... by us ... it means we haven't understood anything at all.

I know that the word ... therapy ... sounds weird ... but we could name this process ... the process of exploring the inner world till the moment when we just meet ... the soul.

But why is this so important?!

Well ... the soul, your own soul ... is the connection ... the gateway to the Universe.

Being connected with it ... you are totally protected and under the right influence of energies.

So ... what we call therapy ... is the initiation of finding that gateway ... so that you should be always totally connected to the Infinite.

It all might look as a non sense ... but is not.

Becoming your own therapist ... can be done by asking the right questions, analyzing and defining life, being opened with yourself ... and embracing everything you see when you

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look inside of you ... the beautiful, but also the dark side of your spirit.

Might be a long journey and giving you the freedom of becoming the one you really want to be ...is probably the first important step.

But any important journey, even like one of 1000 miles ... starts with a first step.

You knew all those things ... but you ignored them ... by such a long time ... same as i did.

So ... i should say that the trick for a beautiful life is connecting to the inner self ... and probably this can be done by becoming kind of a therapist ... your own therapist.

My new job ... observing the world

I had lots of plan over the years.

In fact ... i had so many fucking plans, that i could even write a book of 1000 pages with all those plans.

I invested all the time and energy on making them become real ... and guess what?!

After using so many motivational tricks to give me the power of succeeding everything i had in mind ... defined as very important life plans ... i saw the plans becoming ... real.

But it was horrible.

Worked for weeks, or months, or even years and the pleasure of seeing that dream becoming true ... lasted 15 minutes.

Then ... yeah ... i just realized i want something else.

Later ... being honest with myself ... i admitted it's all ... a non ending game of desires.

My plans were in fact an infinite list with desires and i lived with the illusion that having them for real i will become happy.

Such a silly ... philosophy ... but i believed for years that this was the path.

A new plan.

And a new one.

And then ... new ones.

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Motivation taught me to accomplish all those dreams, but no one ever told me that dreams and goals will never really make us happy for real.

And i started to have moments when i believed that motivation is a ... lie ... but that only till the moment when i understood that to follow the right dreams and goals ... we just need to have the right principles and values in life.

I realized ... i am not understanding anything at all, but i just knew that accomplishing the desires will make me happy just for a little bit more than 15 minutes.

I needed a ... change ... and i stoped and ... started to observe the world ... so i can redirect my mind to the right principles and values.

Now ... i just explore the world and i hope for better days in my life.

So ... i have only one job ... to observe and connect to the world i see around me.

**I know all i have to do
I see all the paths
But ... i am just playing around
So ... probably ... just the magic could
make me continue on the right journey**

I am wondering ... why if so many people from all around the world are almost experts in personal growth ... still we don't have a planet with happy people?!

They know all the quotes.

Some ... read tens ... or hundreds ... or even thousands of books about the subject ... and still if you study them ... and define their lives in a honest way ... you will actually describe their journey on a pathless path.

And maybe ... erratic is the best word that defines them ... by such a long, long time.

But how someone ... having all those theoretical knowledge ... can we still have this erratic behavior?! ... which actually is a **behavior that is unpredictable**, or may be considered irregular or illogical for the situation.

Well ... theory is theory.

Practice is ... different.

We learn all kinds of things ... and same as we did in

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school ... we don't know how to mix our theoretical thoughts ... with the real life.

We know all we have to do ... and we even do the opposite of what we should do ... without realizing that we spoil ourselves.

The concept of ... the painter that never paints ... is dominating our lives in fact ... cause we don't really want to live beautiful moments and feel alive.

We just pretend we want an amazing life and prefer to dream.

Is much easier ... and truth be told ... the confort zone ... is always seen as a safe area ... and we love it.

In the end ... just magic could change this journey called life ... cause we will never do anything for following other different paths.

A path could be in fact ... a test ... not a real path

So ... the Universe opened for him new paths.
He loved that ... and especially one of the paths.
It was about a lady ... one that he adored.
She looked like an angel, but lately he defined her as ... the devil itself.
He chanced so much his mind about ... her.
Months ago was speaking so, so nice about that love ... but not anymore.
Today he was ignoring her presence on this planet ... even if he loved her so much.
There were moments when he was actually balancing between defining her angel and devil ... but today he was sure ... it was all a test.
And actually ... a test came from the Universe, trying to make him understand the illusion and the duality of life.
The path ... to her soul was not a path.
The path itself ... was just a test ... with a difficult message behind.
And still ... for such a long time ... he believed in her ... and loved her so much.

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Yesterday ... everything was different ... he was hating her.
But today ... the ignorance is dominating his soul ... and the
balance of his emotions ... stoped.
He was glad and calm ... but still was not agreeing the need
of tests in life.
Not for ... him.
It was too real ... but not a path to follow.
But he finally understood ... and accept it.
Part of his soul was still thinking of her ... but he agreed as
ignorance to dominate again his soul.
It was much easier to survive as that.
... and life continued in a silly way!

Beyond the words ... we find the soul

I was looking for my words ... and I found them.
But I found it useless.
I was looking for something else ... much deeper, but I didn't know what.
And i've been looking for so long.
It's been 10 years, then 20 ... then 30 ... and finally 40 years.
I felt that I had found what was missing, but until one day when I became speechless, stopping this useless search.
It was a little late.
I wish I had been speechless long before.
I was face to face with my soul, and indeed that endless chain of words had evaporated.
Maybe I knew what to do ... because I had thought a lot about this meeting, but suddenly ... we just preferred to look at each other.
It was me and my soul.
We analyzed everything ... and we hoped to accept each other.
I knew that this key that opens the door between us, will make me anxious ... but I simply continued to smile and be

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present.

But i found it difficult to accept the meeting.

I felt uncomfortable ... as if I had met a stranger ... which is very hard to explain.

I had read so bitterly for so long ... so much about the soul ... and yet today I was reacting very badly.

The words ... all ... had disappeared from my vocabulary.

But still ... I was still there.

We looked at each other in amazement.

It was the most important meeting ... but I didn't know how to react.

Apparently I was failing ... and I was sad, but my soul still gives me respite.

He whispers to me that there is no need for words between us.

We understand each other without the help of words ... because we felt each other.

I had the strength to smile and continued this inner journey, on which I seem to know and do not know what to do.

But i was keep going ... a little more confident, and for a moment understood that beyond words is the soul ... my lost soul.

A new day is actually ... a new chance

We wake up and it is so important to understand that the first thing we need to do is exclusively tune in to a beautiful frequency.

And we know it very, very well.

We just have to be happy and embrace the day, waiting for the most beautiful things to happen today.

It sounds like a cliché ... but it's a simple theory that could be implemented ... if we really decided that.

But we fail to understand the magic of life, because everything is extremely simple ... namely ... we tune in to a beautiful frequency ... we attract beautiful things to us.

But we prefer, even though we know the theory is true ... to do nothing ... than to submit to the day ... for better or worse ... exactly as it comes.

So we know the trick of a beautiful life ... everything starting from the simple choice of joy in the first moment we wake up ... but we do nothing.

It seems more like magic, and we believe in anything but the magic of life.

We are afraid of the word ... magic.

The good part is that the night resets everything ... both

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good and bad, and the next day we are always asked what we choose.

And we ... with fear and naivety ... again ... we don't choose anything.

We simply let the universe decide what it will be ... even though we have been asked.

Yes ... we choose to live in fear, instead of living with joy and happiness in our souls, and when they appear randomly in our hearts, we actually live in fear that we will lose them.

And life goes on ... in a totally unknown direction, but it's weird because we know the path we should take ... but we prefer fear to the joy of living.

.... and the nonsense that is defining so well our lives ... continues!

**“There is no grave bigger
than the heart ...
We bury a feeling here every day”
(Arij Emaan)**

We want lots of things in life.

Many of them are ... silly things, but some of them are important ... for our existence.

Because of too many moments of losing the hope we try to forget all those desires that we can't have for real.

In fact we hide them ... deep, deep inside of the soul ... till we really forget about them.

The heart becomes the grave of all those desires and feelings.

And one day ... we realize we don't want anymore to hear about the heart.

Too many unaccomplished things ... that make us sad.

Life continues ... not having the heart with us anymore ... but a weird feeling that something extremely important is missing ... is there all the time.

We live ... being afraid of that ... grave.

Opening it ... would actually ruin us emotionally in only one second.

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And ... a new feeling is buried in there everyday ... without asking ourselves until when?!

That grave defines in fact ... the entire life, but again ... we ignore that.

Ignorance somehow saved us ... but the grave remains in there, remembering us the past.

And one day, feeling lost we ask the heart ... what should we do?!

The heart, connected to the soul ... smiles ... and show us all those feelings from the grave ... pointing to all of them in the same time.

There is no need of saying anything else.

The message is simple ... don't bury the feelings anymore ... but accept and embrace them, cause they are part of your being.

And we knew it by such a long time ... and still prefer to stand, watch and do ... nothing.

The heart is remaining ... just a grave and nothing more ... cause we don't know how to really act on the stage of our own lives.

**“There is nothing
Happening ...
According to our plans ...”
(Arij Emaan)**

There is a nice saying “Sometimes the Universe is laughing of our desires” ... which i always remember when it comes about analyzing my desires and plans.

And i also remember about all my wealthy friends that worked a lot for their financial freedom, hoping that one day they will be so rich that all they will have to do is just enjoy life.

But ... guess what?!

One died.

One divorced.

One had discovered he has cancer.

One ... started to suffer of depression.

One ... lost everything, just before retiring.

And one ... who is a dear friend in fact, invested all his money into properties, that he rented ... hoping that he will live a relaxing life.

But guess what?!

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The tenants were not paying in time, were leaving letting a total mess in the houses, were calling him all the time with all kinds of requests etc etc.

You could name his new life however you would like to name it ... but if that was financial freedom, being a rentier ... most probably no one would have this silly dream ... because his life became a nightmare.

You see ... all those guys i know, that worked so damm much for financial freedom ... did not know the art of asking properly to the Universe ... what they wanted.

All we actually have to do ... is ... just connect to the Universe ... and ask for harmony and happiness ... without any other plans.

But we feel the need to become co-creators ... and we never speak with the inner self, which is actually the gateway to the Supreme Divine Being ... believing we know better what we should do in life.

In the end ... the Universe smiles ... then laughs of our plans ... cause we do not understand the concept of destiny and its meaning.

Or even worst ... we understand it ... but we believe our judgement is much better as the Universe thought should be our path in life.

There is nothing happening according to our plans ... but exploring life ... in the end ... we realize it and all we could do ... most probably should be just dream at the proper connection with the Infinite.

Do we really need absolute symbols?! The balance between old style and new style of our thoughts.

Chatting with a dear friend from Pakistan, i had found out that people from there still care about the absolute meaning of the marriage.

In fact a man and a woman is not even touching their hands before marriage ... which for someone from Europe might sound ... as weird.

But thinking about the subject ... i realized that 100 years ago it was the same in Europe.

Things changed in time ... and even if marriage is still important all over the world ... it lost its absolute values.

People would love to have it in the old style, but is treating marriage in a totally new style, which in fact lets us adapt so easily to what we call ... divorce.

And the question is ... do we really need absolute symbols in our lives?!

Was it better 100 years ago?!

What had we actually lost?!

Is it anything we can fix in the modern society?!

Well ... we believed in the freedom of our thoughts, in the

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liberty of our actions, in the desire of experiencing the world ... but in the end we lost the ... absolute.

Marriage is not anymore an absolute symbol.

It's just a symbol.

Friendship also.

Those things had an absolute value and would never be betrayed ... but the concept got lost on the timeline of the last 100 years.

The result?!

Well ... we lost the absolute ... without realizing, but is even worst ... cause we look at the values of people from Pakistan ... or our own values from 100 years ago ... as weird.

There are lots of questions in our minds ... a real balance between the old and the new style of thinking ... but maybe there is still a path for keeping real values in life.

We know it ... but probably we just ignore that, because we love and hate in the same time what we name ... betrayal ... and our addiction for it.

We just don't have the ability of interacting with people from our lives ... not caring about our interests

Let's say your child or parent is asking you a favor ... and once you say yes, you will probably take care of everything without expecting anything in return.

But ... let's say you meet a stranger that is asking you a favor ... even if that person does not know you at all.

Maybe for him ... that favor is very, very important ... but you find no real reason to help that person.

Why should you bother?!

According to the nowadays standards should be probably ... a total nonsense to lose your time and energy to help someone you don't know with a favor.

Or ... also according to the standards ... you should do it, but only and only for getting a favor back.

So ... the real question is why we actually have this ability and also disability of helping the people that appears on the timeline of our lives?!

Why we can help someone is closed to us ... but we can't help the others?!

How could we change our lives in such a way ... that we would actually not care of our interests?!

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Is that really possible?!

Well ... first we just need to understand that we should connect with all the people from our lives, even if that sounds as a real lottery.

Connect to them and feel the connection as the one with the close people from your life.

Give them trust ... even if you don't know them.

Care about their lives ... even if you don't really know their story.

Try to be one with all the human beings from the timeline of your life.

Too utopian?!

Well ... probably yes.

But the same concept could be applied to us, if all people would believe in it ... and the whole world should become a better place and not just a silly environment dominated just by our silly daily interests.

There is no betrayal ... is just that you didn't see clearly the reality in certain moments

When we find out about a situation when we feel betrayed ... we get really mad.

We can't even sleep in the right.

The thoughts ... overwhelm us.

We start to be destroyed inside of us ... by all the negative emotions, but also reactions.

There is almost no way of saying ... "It's ok! Maybe is just a life lesson ... and i had to deal with it!"

... but you know that betrayal is just a life lesson.

You know it ... but can't deal in any way with all that you feel inside of you.

You feel ... ruined inside of you and realize that you was in a reality that you could not see clearly.

... you cannot believe it ... but now you see it so clear ... but still cannot believe it.

And the real question is ... is it the Ego that is so hurt by the betrayal or the soul?!

Why did the soul could not feel a thing all this time when you were in that scene ... with all those people that betrayed you?!

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What happened with your intuition?!

Why you was so damm blind?

Well ... let me tell you my theory ... cause same as you i was experiencing betrayal many times in life.

I felt ruined inside of myself, but it was the Ego that it was so damaged ... cause i was not connected with the soul anymore.

I actually forgot about my soul and my intuition, caring only and only by what the Ego liked.

And i paid the price ... and sometimes a huge one ... because i preferred to stay connected with the silly Ego ... and not by my soul.

But the Ego ... was blind and probably there is no betrayal ... is just that i didn't see clearly the reality in certain moments.

Today ... i try to remember daily about my inner world and connect to everything is related to it, cause i know this way i will have the protection given by ... my intuition, which is actually my connection with the Infinite.

... and try to not forget that anymore ... cause the Ego is very powerful in so many moments and will make me blind again.

Maybe there is no need of reply ... the Universe will take care of all the details

Truth be told we do not have the power of Jesus to forgive the people that hurt us.

Being so angry we would even kill them ... if that should be legal.

Lots of negative emotions are overwhelming us ... cause in fact not us ... but the Ego was so hurt that is almost impossible to forget and forgive all what had happened.

We want an ugly reply to that person, even if we know that revenge is not the real option.

We heard the story of forgiveness in the church, at the wise people ... but we never really understood its meaning.

So ... revenge sounds like an amazing option, or at least this is what the Ego believes.

But the Soul and the Ego have an inner battle ... arguing about what they should really do as a reply to the person that hurt us so ... so much.

We can not define if we can actually have the power to forgive but we cannot forget ... that is for sure.

A balance of emotions telling us how we should act in such a situation ... is dominating the mind ... but not even for a

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second ... we don't actually think that in fact the Universe will arrange at the right time everything ... in the proper way.

Replying ... becomes just an option ... not a must.

And, in fact, an option that we should just ignore, but nobody was ever told us, how we could actually calm the Ego ...

cause it will always remember that incident and once it does it ... all the negative emotions will come back to overwhelm the soul.

So ... the Ego gets mad and the soul ... becomes dominated by all those negative reactions.

In the end ... we just realize that we are not under the control of our own being, but still find a total nonsense the power that Jesus had to forgive the people that hurt him.

The balance of emotions continues ... ruining us emotionally, just because we don't really know to let the Universe take care of all the details ... even of our negative emotions.

**I refuse to be ... Sisyphus again and again.
I don't want to play that role anymore.
Had enough for this life!**

In Greek mythology Sisyphus or Sisypheus was the founder and king of Ephyra. He was punished for cheating death twice by being forced to roll an immense boulder up a hill only for it to roll down every time it neared the top, repeating this action for eternity.

When i first heard the story, i believe i was in the first grade in school ... and found it a total non sense.

Over the years i was hearing the story again and again ... but it took me 30 years to really understand its real meaning.

And one day ... i just realized i am ... same as Sisyphus ... losing my life rolling all kinds of boulders on and on and on. I was doing that in all my businesses.

I was doing that in fact ... in all the areas of my life.

I knew the story, i felt i am Sisyphus ... but i was not accepting it.

It was too much to accept ... the eternity of those actions ... even if i knew they will never stop appearing in my life.

I was in a kind of prison ... with invisible walls ... but the

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prison was build by ... me and in there the curse of all the repetitive actions were following me for years.

But i was in fact ... in illusion and i did not had any idea at all what an illusion was.

No one was forcing me to roll the boulder up the hill only for it to roll down every time it neared the top.

I could just smile and say ... stop ... is enough, but the shadow of my Sisyphus was following me everyday ... everywhere.

I could even present myself as ... Sisyphus ... and lost maybe more than half of my life acting in this silly way.

And i knew i had to stop by years ... but something was stoping me to say ... just stop!! Is enough!

That something ... was me ... and my silly way of acting in life!

But hiding this fact for years ... was just the easier solution!

Rewriting the script ... the best therapy ever

There is an interesting way, that we could even name self-therapy and which we can use to redefine all the things and situations from our lives.

You see ...usually at a car accident because of the reaction of a second ... that we didn't have right in that needed moment ... the accident happened.

And we start thinking and thinking and thinking ... what if ... But the accident happened.

You see it, tens or even hundreds of times and you are so mad cause you did not had that reaction.

In the same way ... there are many situations, that we could define as accidents ... and after we regret a lot that we did not reacted in the proper way.

We somehow consider it is too late ... but is never too late in life.

Seeing everything again, in the eyes of your mind ... but redefining the script for a second, while you stay in bed, before falling sleep ... is probably a way of saving the whole situation.

You could visualize how you react ... what you say and how you act ... in the same scene.

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But what we never think about, even if it is so damm clear ... is that many, many situations we could simple redefine the next day ... just after visualizing the whole story in a totally different way.

We could react ... of course ... in a beautiful way ... to our boss, our spouse, our neighbor ... and to all the ones that offended or hurt us in any other way.

But ... yes there is a but ... and as i mentioned ... "beautiful way" ... should be the new path.

Yes ... re writing the script of ugly moments from your life ... should make sense only and only if you have the power to rediscover the beautiful side of life.

The ugly ones you already saw.

But the reaction ... makes sense only if you know to act in a proper way ... but many times we just don't.

The reaction is in fact a revenge or even a much uglier way of acting ... as a human being.

We just don't know and don't care of the laws of the Universe.

We ignore the duality of life ... and the fact that with the real connection to the inner soul ... we could actually choose all the time ... the amazing side of life.

We could simple ... re write any script ... of any event that hurt us, but need to have in mind the real ... path.

And we know it ... but don't have the guts to follow it.

But maybe we should meditate more ... cause re writing the script ... is the best therapy ever.

“Are you drunk?! Why don’t you accept reality ... just as i told you it is?!”

An unknown guy ... totally disliking his life at home, near his wife ... starting to drink.

In fact he was reading books, writing essays and drinking wine ... about a bottle a day.

The wife was calling him ... “alcoholic” ... “drunk” ... the opposite of how you should actually name a person having such a addiction if you want to save him.

But the wine was inspiring him.

He was writing books after books ... but still he remained a totally unknown guy.

He was totally disconsidered by the people from his life ... because it was so obvious his lost way of living life.

Even if he was a businessman by so many years, he had lots of clients that were not paying him ... and one day something weird happened.

A client ... just comes to him, pays him 50 cents instead of 500 dollars and mentions that will pay him anything else.

Even had the gut to mention to him that he will beat him, but also call him to court after.

Well ... the unknown writer became really, really mad ... and he could not even sleep in the night ... not even for a second

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... but he could not change reality in any possible way.
The client was humiliated him ... like no other person
again realizing he is so weak and lost.
But the next day ... even if he was feeling the same way ...
he was realizing that the problem was not his client ... but
the connection between him and his soul.
He was lost of his soul.
He was angry ... but had to be angry on him, not on his
client.
Bur even if he knew the real path of what he had to do ... he
calls his client ... asking if he was re evaluating the
situation ... but the guy was laughing and replying ... "Are
you drunk?! Why don't you accept reality ... just as i told you
it is?!"
The writer could not believe it.
He was not drinking anymore by almost a year ... but he was
called in the same way as his wife use to do.
It was funny ... cause he accepted that the wife knew his
weaknesses ... but the client?!
Was it so obvious ... his way of being, but also acting so lost
on the stage of life?!
Well ... guess it was but the client was connected to him
and even if he was not a honest person ... he used
humiliation as a way of waking him up.
But maybe it was late ... much too late.

Practicing the non attachment ... the best path to follow

Truth be told we take everything too serious.
We believe that all that we see is real ... not understanding
that in fact in many, many occasions ... it's just a story with
all types of silly emotions ... from all sides.
And all those emotions ... looks so damm real ... that not
even for a second we can't really see the real ... reality.
Today it all looks as a disaster ... but tomorrow, looking into
the past ... you just smile.
One year later ... you laugh of how idiot you could be ...
believing in all those emotions.
But why the emotions are influencing us in such a terrible
way?!

Well ... because they are 2 types of emotions ... positive and
negatives ... or maybe we should name them real and fake.
The positive ones reveals us the beauty of life.
When you are overwhelmed of positivity ... you just embrace
everything ... with non attachment, but when negativity
appears in your soul ... the whole outer world looks like
started to be against you ... and everything related to you.
But what we don't really see is that the negative emotions
can be defined also as ... fake, cause being in that energy

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field we are actually not connected anymore with our inner soul.

We are lost.

We don't have guidance anymore ... but we continue walking ... to nowhere.

And on this path ... negativity is just everywhere ... till one day when we realize that for a better life we just need to stay connected to the Infinite Source.

I know it sounds ... even as a religious cliché ... but once you succeed to stay connected to your inner self ... you will see no balance anymore between positivity and negativity.

It will all stop.

The right guidance will appear ... and you will see real path to follow.

The feeling of being lost ... will just disappear ... maybe forever and you will understand how to practice the art of non attachment in your life ... or should i say your new life?!

I am sure it all looks so illusory ... cause negativity always appears real and positivity does not appear so often ... but maybe you should try it ... at least as an experiment.

Being offended ... a clear signal that i am weak inside of me

I have days and days.

Sometimes i am ok ... sometimes i am ... super ... but i also have times when i feel weak.

And i am almost ashamed ... when i have this feeling, but could not understand what was really going on.

But one day ... realizing that i am on a philosophical pathless path ... and accepting it ... i started to analyze and define those silly situations.

Well ... the result was quite funny.

I've seen the statistical data ... and realized something unbelievable ... all the times when i've been offended by the people that were on the timeline of my life ... it was in the days when i felt weak.

But why did i have this feeling?!

What was really going on?!

Could i fix that?!

Should i be glad that those people were offending me ... showing the fact that i am not on the right path?!

To be honest ... it was quite annoying ... and i totally disliked those events from my life ... but those were true facts.

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And in fact ... i had to pay attention to all those exterior elements that were displaying so clearly the emotional position where i was.

All those people that were hurting me for almost no reason ... were in fact the teachers that the Universe sent to my life.

I started to understand Dalai Lama that was saying ... "You enemies are your best teachers!" ... but when i first read that in one of his books i considered it a total nonsense.

Today ... the statistical datas were showing that i don't know to stay totally connected to my soul ... and this is the reason why i have this dance of emotions ... this silly dance of emotions.

After meditating ... a lot ... i close my eyes and said ...

"Thank you to all my enemies for being present on the scene of my life. Thank you for guiding me on understanding the illusion of life".

I could not believe that i was saying it ... but just after that ... i felt released of all negativity from inside of me.

The enemies ... all those people that were offending my Ego ... showed me the path to my Soul ... cause a good connection with the soul is actually a good connection with the Infinite.

And suddenly ... life smiled to me again ... showing its beautiful side.

The secret of a beautiful life is keeping the right balance of emotions inside of your inner soul

I was reading a lot about success.

Then about the law of attraction ... but i could not find so many references about ... being on the pathless path of life. I smile remembering that i was chasing for success ... even using the amazing law of attraction ... without realizing that first i need to have the right balance of emotions in my soul. I actually started on the path to success, without realizing for a second that i need to prepare myself before even thinking of following any path.

The success itself is an amazing concept.

Law of attraction the same ... but what i define as success is not necessary the path for your life.

And ... being part of a society that has so many symbols, standards but also strict specification for us to follow ... we start to believe that a beautiful life means a spouse that looks in a certain way, a beautiful house, an amazing car, the job in certain areas where we see also our friends etc etc.

The books about success describes you all those standard paths ... and the ones with the law of attraction how to visualize and then really be in that direction ... but i always

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felt that something was missing from this equation.

It was so obvious ... but i was somehow hiding this answer by such a long, long time.

One day ... living for just a second ... a moment of awakening, i saw so clearly that my life was a journey where i went to the left, then to the right, then again to the right ... and i was somehow in a non ending story ... going in fact to ... nowhere.

I did not understand the concept of happiness and that everything is related to me.

All the symbols i was seeing around me ... in society ... could make me understand what life is about, what perspectives i have ... but i had to meditate in silence what was my own path.

Having the right balance of emotions in my inner soul ... was the real trick ... and i knew it, but was doing nothing to accomplish that state of being.

And i remembered that i was actually acting like my friend, the painter ... that painter that never paints ... even if she was so talented.

**The big secret of seeing the joy present
in your life is that you don't need
anything at all for having it.
It just appears ... and all you need
to do is to embrace it.**

I own a favor to a very wealthy guy, that is speaking me of joy everyday.

In fact he is one of the best theoreticians ... when it comes about defining life and the human being.

I had thought a lot of how i could actually pay him back for the favor ... and in the end i realized and proposed him to create a web platform where he could actually monetize the big secret of having the joy present on the scene of our lives. We've talk and talk ... and settle as the price of the seminar to be huge ... but also that the seminar should be very short and easy to understand.

Forget to mention that me and my dear wealthy friend ... were studying the nonsense by a long time, daily defining ... what is in fact behind the nonsense and its meaning in our lives.

And before finishing the web platform ... i tell him, almost as a joke ... "Let me tell you what you are going to say to this

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amazing seminar.

So ... my dear friends for all over the world!

After analyzing and defining life from many, many view points ... i discover something unbelievable.

The secret of joy ... of being happy and have a fabulous life is that you don't need ... anything at all.

Or maybe i should say to sound much clearly is that ... all you need is ... NOTHING.

Thank you ... for coming to my seminar!"

He smiles to me and says ... "Yeesss! Where do you know that this is what i would actually say?!"

And i reply ... "Well ... i've been an idiot for years ... following many, many paths ... always believing that i found the right one.

And one day ... i discovered the same ... that all i need to have the joy in my life ... is NOTHING ... not even follow a certain path.

Most probably thinking as a child ... that sees joy everywhere is the real trick for a amazing life".

And i am sure we all know that ... but we are too stubborn to ... accept that we must not look for happiness in the exterior factors from the timeline of our lives.

There is no day from God ... as nothing to happen

It was October ... not so far from Exeter, Rhode Island, USA. Paul was a guy that was studying business, but also personal growth all his life.

He was in fact chasing for ... success, but also financial independence ... and thought that real estate is the path for accomplishing this dream.

When he was a kid, he read a book about a guy ... an old man ... that had rented his houses and was relaxing the whole day.

Later on he met a guy that was owning 2 buildings ... with 90 apartments and he was just loving that model of success.

Paul was reading a lot ... anything about financial independence, but even if in that book written in 1930 ... the author also wrote about the problems the old man was having with his tenants ... and also his friend, that was owning 90 apartments ... was telling him that the renting business was not easy and that there was no day from God ... as nothing to happen with his tenants ... Paul was blind when it came to the problems that might appear. He ignored everything ... and believed that renting was the key for his financial freedom.

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But Paul was so stubborn that in the end succeeded to buy a complex of houses and started his business on large scale.

But guess what??!

Daily something was happening.

It was almost a nightmare with his tenants and what he defined as financial independence proved to be ... the silliest job in the world.

He actually became the servant of his tenants ... being daily annoyed by them.

Suddenly he remembered about his friend ... the one with 90 apartments ... calls him and asks ... "Why you did not told me that renting business is a nightmare?! I'm just fucked up with so, so many problems".

The guy laughs and replies ... "You see ... my dear Paul ... you saw only the beautiful side ... that i own tens of apartments ... but not the dark side also. I clearly told you ... that there is no day from God as nothing to happen. What have you understood from that??!"

You see ... from outside all the models, even the ones of success looks quite nice ... but sometimes what we see is not what it is for real.

Models of success are just theoretical concepts, but it does not mean it can be applied to our cases also.

And we know it ... but we just ignore that fact.

**"I don't read books and philosophies
anymore ...
Now, i just look at the trees and
mountains ..."**

(Arij Emaan)

I started to see 2 types of persons that had to do with books ... the ones that read a lot and the ones that after reading a lot decided to stop ... and live their lives just as it is.

I even have a close friend that is very well connected to energies and can see behind the scene of reality, being able to tell you things that most probably you will never see ... and she is telling me all the time to just stop reading.

But i also have friends that love to read a lot and you could speak for days with them about philosophy ... so what is the real path to follow?!

Should we spend a lot of our time to read ... or somehow mix reading about all types of theoretical concepts about life, but also live life for real ... and actually try to connect to all the elements that make it beautiful?!

Probably we should enjoy the nature ... the trees, the

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mountains, the lakes and seas ...

Keeping in mind the books of philosophy ... is ok ... but all of them are ideas of other people.

We connect to all those energies ... which might be good or bad ... or maybe just naive ideas that will take us to ... nowhere.

But when we connect to the nature ... no matter of its kind ... we actually connect to the Universe itself.

The books are telling us about the infinite.

But the nature ... with its beauty ... is actually showing us the Infinite ... and if you really want to understand life, the Infinite will tell you the real story ... without saying a word.

You knew this ... same as i do ... by years, but i will not lie to you that i am spending my time as Arij is telling us to do ... looking at the trees and mountains ...

And i continue telling everywhere around ... that i did not found the path ... the real one.

Still being angry ... you remain connected to that energy field that created the anger

Whatever we can say about anger ... bottomline it is a negative emotion.

We can listen a psychologist ... that will speak to us for hours what it really means being angry, but what is important to understand is that angriness is an emotion that does not bring anything positive in our lives.

Is very related with the Ego and not so much with the soul, cause a real soul, that is actually connected to the Universe will never use hate in the relationship with outhers souls.

But let me tell you a story, about 2 funny guys, George and John ... to understand better what i want to say.

Years ago, John played all his money on gambling ... and because of that he did not paid a considerable amount of money to George.

And George, became so angry that ... if killing people would be legal ... he would actually kill John.

But it is funny, cause John did not said he will not pay the money, but asked George to wait few months and he will solve the problem.

George was too annoyed.

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He could not sleep in the night and was thinking only and only at that amount of money, even if he had enough money ... and he could just forget this episode.

But one year later, George has a similar problem with Bill ... with the only difference that Bill clearly mentioned that will not pay any penny at all to him ... because this is what he wants.

George becomes angry again ... as one year ago.

In fact he was so angry that he could not sleep in the night. Almost the same story ... and George could not accept that this was happening again.

The only difference is that this time he would love to kill Bill ... not John.

And life is always funny and is laughing a little bit more of the angry man.

Being on the street he accidentally meets John.

He suddenly realized is not hating him anymore and is talking with him for few minutes.

You could even say they are some close friends ... that met and talk what is going on in their lives.

But you see ... George was not hating John anymore.

He was too busy with Bill this time ... and suddenly he understands that he needs to forget the angriness and become calm again.

The similarities between the 2 episodes are so, so clear ... but not as long as the people from the story where still anchored into that negative energy field.

Seeing John again, George realizes that he is losing his time hating Bill ... and the story of hate is just a pathless path, same as the one with John, from one year ago.

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He stops and continues life ... seeing the 2 episodes ... as 2 life lessons ... and nothing more.

You see ... we experience angriness, we feel hurt ... offended ... and in fact overwhelmed with negative emotions ... not seeing, not even for a second that the connection between 2 people should be always ... a beautiful one.

The trick is to know what to ... ask

All the articles, books or movies about the law of attraction are telling us all kind of tricks about how to use that force ... but never tell us the truth ... that we could desire a path that is not meant for us.

But the Universe lets us believe we know better what is important ... and in the same time is also laughing behind our back ... letting us decide for a while the path we believe is the right one to follow.

And we ask for one thing ... defining it as the most important thing in the world.

Then another one.

And another one.

The Universe is watching us ... and while smiling ... defining us as ... the little funny box with desires ... still gives us some time to change our minds.

But we are stubborn and continue wanting so much all those desires, without thinking for a second that we should ask first the Universe ... what is the higher will.

And imagine instead of saying i want an amazing house, near a lake, a beautiful wife, 2 children, a good business, lots of

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other goods or properties we should just say:

"I want to follow the path to a beautiful and happy life ... whatever that means".

Is that too complicated to ask?!

What else should you want from life ... except happiness?!

Why can't you follow ... the higher will and just ask for guidance?!

Why is it so complicated to accept that?!

Why we always believe we are much better as the Supreme Intelligence?!

Well ... too many questions ... and you know all the answers to all those questions ... but you ... same as me ... can't get rid of the silly habit of being stubborn.

And the silly story of our lives continues ... just because we don't know how to ... ask.

**I only need
To listen myself ...
And
To understand myself ...

(Arij Emaan)**

I just heard today the same quote that Arij wrote so beautifully ... from a truck driver.

The guy is a real good friend of mine ... and his mental software of truck driver, made him have a very strong connection with his philosophy.

Even if he does not know that i am a writer, he speaks with me all the time things related with life ... and believe me ... a truck driver saw lots of things during his journeys in this world.

Arij wrote as a poet that loves philosophy ... but the guy just said ... "You need to not bother to listen to the others. Just listen to yourself.

Nothing more!

... and you will have a happy life".

Well ... an amazing concept ... told in such a great way ... but difficult to be implemented.

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In fact i knew the theory, but never thought how to apply it. And i cared about what my parents had to say, my friends, the teachers from the schools where i studied, my clients, my employees, my wife, my children, the writers i read, the speakers i listened ... and in fact all the people i met during this lifetime.

In the end ... i became a collections of ideas, but i did not understood that after so much time of exploring all those concepts about the life itself, it was the time to start to listen to ... myself also.

I knew i had to do it.

I knew how to do it.

I also knew it was already too late.

But i was doing nothing ... acting just as my friend the painter ... that painter that never paints.

To make us understand the illusion of life ... sometimes the Universe is playing around with our minds

I had been reading a beautiful book about Madeleine Albright, telling her life as a private person, but also the one as a person involved in politics.

Reading the book, even if i was not seeing anywhere the concept of energy, or energy field ... i somehow understood in her writings ... how the mix of energies work.

I saw in fact, the message behind the scene of life and how we, as human beings, are influencing reality with out silly thoughts and decisions.

About 50 years ago, she was involved in the presidential campaign of senator Muskie, which was actually the main competitor of president Nixon.

Donald Segretti, a great lawyer of those times, but a guy that could be defined as the one responsible of the dirty games behind Nixon's campaign ... played a little bit with the mind of the brilliant Madeleine.

At an important dinner party, Segretti created fake invitations for the african embassies, telling the leaders from there that senator Muskie will send them a paid limo to bring them to the Hilton Hotel, where the party was ... send few

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companies to deliver 200 pizzas to be paid at delivery, sent 50 flower arrangements that again had to be paid at delivery, sent a team of magicians for kids that had nothing to do with that political dinner party ... and all kind of other things that Madeleine Albright could not understand.

She could not believe it.

It was all a joke ... but a very ugly one.

2 years later, In the Watergate commission that was investigating president Nixon, Segretti admitted that the only thing he could not do in that day was to sent some elephants to that ball room.

Madeline thought for a second that she is losing her mind ... not understanding the dirty joke done by the brilliant lawyer. 2 years later, hearing all what really happened in that day ... mrs Albright understood the power of the illusion that we cannot actually understand in the moment it happens.

But you see ... my dear readers ... same as Segretti existed in Madeline Albright's life ... in the same way ... we have similar people in our lives.

They play around with our minds, and maybe they are just used by the Universe, as us to understand what is the game of illusion ... and why is so damm important to actually master our own minds.

A brilliant person as Madeline Albright ... was fooled like a kid, in a presidential campaign in one of the most important countries in the world ... by a smarter guy ... that we could define as a modern Machiavelli.

Episodes as this reveals that ... to make us understand the meaning of the illusion ... sometimes the Universe proves that ... even if we look so powerful and in control of

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everything ... we don't control anything at all.
And all we need to do is just ... smile ... even if we see the
elephants in the ball room.

Not what hurt you is important, but which part of you was hurt

Truth be told we see hurt people everywhere.

You meet with an old friend, you just ask "How are you?!" ... and in the next minutes you will understand all the problems that person has.

And it's funny seeing them blaming all the exterior factors from their lives.

They will tell you all kind of stories, about all the people from their past, but also from the present moment ... that actually could be accused of a real conspiracy against them but they will never tell you anything about their contribution to the story.

In a second you start to understand that all you hear is just one part of the story.

The second part ... or should i say the real one ... is the one that reveals something else ... something totally different.

You realize that not what thing or person hurt ... is important, but which part of that person is hurt.

Is it about love, money, sex, simple relationships with different persons is it about what?!

Which is that part that was hurt?!

Why was it hurt?!

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Well ... it's a sensitive side, but we just don't want to admit it ... the fact that ... being humans ... we also have weaknesses.

And instead of fixing that parts, we just ignore or hide them ... until one day when someone is again hurting us ... and in fact is doing nothing than revealing the sensitive parts.

We know what we need to do, but we treat the subject with a huge ignorance, believing that the time will fix everything ... but guess what?!

The episodes will be repeated on and on and on ... until the day we will understand that we need to talk with the inner self and solve the problem not with the persons that hurt us, but with that part of us that was hurt.

**We are the projection of our thoughts
... so we should analyze, define and then
just redefine all our ugly thoughts**

When we define the theory ... there are lots of people that understand all those theoretical concepts.

When we talk about real life ... you see lots of people analyzing and defining other people, but when it comes about them ... their minds just stop.

They know what to do, how to do it ... but in fact ... they don't do anything.

Or if they do something ... it's all on theoretical level.

Yes ... the story is simple.

To understand our lives, we somehow need to realize that we are the projections of our thoughts ... so for the right ones ... we should analyze, define and then just redefine all of them. But when i say redefine ... i mean also redefine the acting on the scene of life.

Is that simple to be done?!

Is that complicated?!

Well ... it all depends if we realize that the meaning of many theoretical ideas should be to be implemented into practice ... and practice means ... real life.

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To give you an example and also make you laugh ... one day i was really unhappy because of a business that was not running well.

I was chatting with a friend ... and i was telling him how mad i am because of those problems ... and he was telling me how happy he was because of all the ladies from his life.

In a second of awakening ... i understood what focus means ... and realized that i am focusing my attention on the problems from my life and my friend, even if he was a businessman also, was ignoring all his business problem and enjoyed life as a playboy.

It was not a path for me ... of course ... but changing our thoughts is not easy if we don't know how to focus our attention on other things.

But in the end ... i see the trick as following.

You realize that the concept that you are the projection of your thoughts ... is real.

You start to analyze your life.

Then you define it.

And ... after a long meditation you re define everything ... by focusing first your mind in a totally different direction ... one where you usually see the joy of life and enjoying the present moment.

So ... it's quite simple ... and i know you know it, but maybe is time to understand that life is not just philosophy ... but can also be a collection of multiple beautiful moments.

Don't like reality?!
Well ... maybe is time to understand
that you need to jump one
level up ... spiritually

When reality is not what we want what we actually do ... is start to complain.

And the funny thing is that we are never complaining by ourselves.

Everything ... and everybody ... around is responsible by what is going on, but not us.

Never.

The outside world is controlled ... just by the exterior factors and never think that actually the outside world is just a reflection of the inner world.

... but reality ... still sucks.

That is a real fact.

Day by day the same story.

We try to make some changes ... and we even start praying, but still ... everything remains at the same mediocre level.

And one day ... we just say ... "I had enough! I can't stand it anymore! I want a better life ... a beautiful one ... am i

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asking too much?!"

But no one is listening to our requests.

In fact ... no one can really listen to us, cause we are not connected to anyone ... not even to the Universe.

And i wonder myself, what should that mean?!

Well ... today i believe that to be connected to the Supreme Universe ... we actually need to connect to everything ... to the nature and everything nature means, to all the people from our lives ... including friends, relatives but also enemies and the people that we don't like or they don't like us ... etc etc.

It's almost weird all what i am saying ... but to change reality we need to be on another spiritual level and that actually means ... to learn the art of connecting in a friendly way to everything exists in this Universe.

So ... bottomline ... reality can become however we define it ... even a beautiful one ... but depends if we actually know how to connect to the outside world, using the power of the inside world ... the spiritual side of us.

Probably ... we should meditate more of what that means.

In the end ... we will just agree or disagree with Albert Einstein that said that ... it's all what we believe ... we live in a friendly or a hostile Universe ... nothing more ... nothing less.

But don't worry ... cause at the right time ... we will jump at the proper spiritual level and will know to connect to absolutely everything appears on the timeline of our lives.

**“We fucked the connection itself ... and
there is nothing more to be done than ...
remembering the beautiful moments”**

I just met her few days ago ... but she was alone this time ... and i was really curious what was going on, because they were together everywhere ... every time.

And i stop her, in the middle of the street, even if i usually don't do that.

I smile, i look at her and just ask ... “What happened to the 2 of you?!”.

She was sad ... but replies ... “We fucked the connection itself ...”

In fact she was so sad, that i did not dared to ask anything else ... and i left.

They were the most beautiful couple i ever saw ... and the connection between them was amazing.

While together ... they were just shining ... but today she was not that beautiful diamond anymore.

She probably lost the connection itself ... because they ... fucked it ... and i am sure he was in the same silly situation. But why should a beautiful couple as the 2 of them ... destroy such a beautiful love story?!

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I close my eyes ... i see them ... and can't believe it ... cause it all was almost a hollywoodian story.

And i was asking myself for days ... what was going on, even if i usually don't even care of those things.

But their story was too beautiful ...

Well ... most probably they just got lost.

Together they were yin and yang ... and everything looked perfect ... but only till the day when they started to ask themselves ... what if the whole story is just an illusion, what if all those magic moments were just their imagination, what if it is not what it looks like?!

You see ... i loved them as a couple, because i believed in them ... and i saw the magic ... while admiring their story.

But the questions ... especially the ones regarding the existence of the ... magic ... fucked everything.

Magic must be just enjoyed and never question anything about it.

It is offered as a divine present ... and the only thing is asked ... is just to believe in it.

Nothing more!

My friends ... that amazing couple ... 2 ordinary persons that had together a hollywoodian love story ... stoped believing.

... and the magic was gone!

Yes ... even the magic has a logic ... but you need to understand what is it about ... understand the whole story.

Or ... more dramatic ... you understand it ... but you just ignore all what you feel ... forgetting that believing is the key.

Sometimes connecting to people means to connect on their energies

I love to socialize with people.
Don't find it a non sense at all ... and I've been very happy
to read one day that socializing with other people helps us to
live longer.
But i am not socializing for that reason.
I just do it ... because i like it.
Many people today love animals ... but i love the people ... i
really love the people and it's always a pleasure to spend
time with them.
But there is something that i ignored for years, even if i knew
it ... and that is the fact that spending time with others ... we
actually exchange energy while doing it.
And the energy itself ... can be good ... i mean positive ...
but also a bad one.
Spend your time, as an experiment with negative people ...
and you will see how your life changes into a negative way.
And the theory is available also for the positive vibes ... same
as is true for the negative ones.
But the question is now ... can we protect ourselves?!

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Is it any way in how we can exchange only the good vibes with the people from our lives?!

Well ... you could be a guru ... and this problem is not a problem for you ... but you could also be an ordinary person, same as me ... and auto protection could not exist for you ... because you just don't know how to do it.

But ... let me tell you my decision.

I just promised to myself that i will practice so much the art of socializing that in the end i will understand how the energies work and instead of protecting myself ... i will send each time good vibes to all the people from my life.

Yes ... i know ... you might believe is an utopian scenario ... but starting any new connection with the simple intention of offering the positive energy from our souls ... might help a lot.

... and i continue my lovely hobby of socializing with all people i met ... even if might look as a dangerous thing to do during this life time.

Everything looks bad ... is actually good even if it doesn't look so

Long time ago i read this theory which actually sounds ... at least weird.

And i had been thinking of it a lot ... for a very long time. In fact, all the times i had something strange happening in my life, i was wondering ... is this the beginning of a beautiful episode for my life or just a simple nightmare?! But you see ... many times things were really out of control ... and i lost my belief that this theory might be real ... and that everything looks bad ... is actually good even if it doesn't look so.

And?!

Well ... in the end i had to be optimistic again ... just to survive ... and started to believe in the concept of the higher will ... but if i analyze the statistics of my crazy, ugly, dramatic, tough ... moments ... all those episodes were indeed the start of something that was the start of a journey to a positive path for my life.

But still ... the test itself is too abstract.

For example i know a story of 2 unhappy couples.

They were in the city, and had a car accident.

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They start having a fight ... and had to go to the police to solve the argue.

In one car ... the wife was driving, cause the husband was too old to still drive.

The difference between them was more of 25-30 years.

In the other car the husband was driving and he was arguing with his wife when the accident happened.

So ... the guy and the lady went at the police station, but there were so many people in there that ... they had to wait for hours.

And while waiting, they started to chat and discovered each other ... ending the discussion in a hotel room and becoming lovers for the next 10 years.

So ... an ugly event ... ended into a beautiful love story ... even if it was an illicit love story.

Could they understand the meaning of the car accident in the beginning?!

Most probably ... not.

But without the accident to happen they could not meet each other ... and start their love story.

And the same happens for us in many, many occasions in life ... but even if we realize it ... we just treat everything as a simple coincidence.

**Don't speak so much anymore!
Is useless!
Just do it ... whatever
you have in mind!**

Years ago, somehow i was arguing with a guy, that after a while started to call and text me that he will kill me and my family.

But an important person that i met at that time told me ... if someone would really want to kill me, would never bother to inform me or anyone else.

I found the theory ... false at that time ... cause i was wondering too much how the story will end ... and maybe somehow i was afraid, considering real all what was going on.

Few weeks later ... i realized that the guy was just hating me ... and each time he was remembering me ... he was just texting that ... one day he will kill me.

But ... one day in the future ... he was believing that he will have the guts to do it ... but it was just a belief ... a silly one ... even if he looked so convinced of what he was saying. Remembering that stupid guy from my past, i suddenly

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realized that i am much stupid as him ... and i was acting more ridiculous in lots of important occasions from my life. I was saying i will do that and that and that ... but in fact i never had the guts to do anything that i was saying ... and if i did something i did it in a mediocre way most of the times. I was just speaking too much ... and doing nothing of what i was saying i will do. I was in fact ... a clown ... on the scene of life, but maybe i was too blind of seeing it.

**Today it happened again ... a new
loogie in my face ... not a
metaphorical one ... but a real
one ... and i am still
asking myself why?!**

Yes ... why do i deserve this?!

What have i done wrong that i deserve ... a new loogie in my face?!

Is it me ... or the Universe just want to teach me a lesson in a very powerful way?!

I know that life is actually a mirror of my soul ... but had i been so primitive that now i get all those loogies back?!

What do i have to change to the inner personality ... so that those episodes to just stop?!

Again too many questions and even if i know most of the answers to those questions ... i do nothing to really change reality in a beautiful way.

But why?!

Well ... i lost my believe in magic, in the rules of the Universe ... in the real values of life.

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I just ... got lost ... and somehow maybe everything i've done wrong, now it comes back to me in an ugly way.

And i should do what?!

Accept everything?!

Yes ... but accepting means to understand the real values that we need to follow in life ... to see the difference between good and evil ... and also to redefine everything we are.

A loogie in your face is just a blessing sign telling you that you follow the wrong direction.

But ... i know ... is too abstract to see everything as that ... cause a loogie is a loogie ... something that first of all can be defined as ugly ... even if we might refer to it into a metaphorical way.

And maybe we should always keep in mind that the meaning of life is also to understand all those tests that comes from the Universe.

The trick is to know what to ... ask

All the articles, books or movies about the law of attraction are telling us all kind of tricks about how to use that force ... but never tell us the truth ... that we could desire a path that is not meant for us.

But the Universe lets us believe we know better what is important ... and in the same time is also laughing behind our back ... letting us decide for a while the path we believe is the right one to follow.

And we ask for one thing ... defining it as the most important thing in the world.

Then another one.

And another one.

The Universe is watching us ... and while smiling ... defining us as ... the little funny box with desires ... still gives us some time to change our minds.

But we are stubborn and continue wanting so much all those desires, without thinking for a second that we should ask first the Universe ... what is the higher will.

And imagine instead of saying i want an amazing house, near a lake, a beautiful wife, 2 children, a good business, lots of

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other goods or properties we should just say:

"I want to follow the path to a beautiful and happy life ... whatever that means".

Is that too complicated to ask?!

What else should you want from life ... except happiness?!

Why can't you follow ... the higher will and just ask for guidance?!

Why is it so complicated to accept that?!

Why we always believe we are much better as the Supreme Intelligence?!

Well ... too many questions ... and you know all the answers to all those questions ... but you ... same as me ... can't get rid of the silly habit of being stubborn.

And the silly story of our lives continues ... just because we don't know how to ... ask.

Not what hurt you is important, but which part of you was hurt

Truth be told we see hurt people everywhere.

You meet with an old friend, you just ask "How are you?!" ... and in the next minutes you will understand all the problems that person has.

And it's funny seeing them blaming all the exterior factors from their lives.

They will tell you all kind of stories, about all the people from their past, but also from the present moment ... that actually could be accused of a real conspiracy against them but they will never tell you anything about their contribution to the story.

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Well ... it's a sensitive side, but we just don't want to admit it ... the fact that ... being humans ... we also have weaknesses.

And instead of fixing that parts, we just ignore or hide them ... until one day when someone is again hurting us ... and in fact is doing nothing than revealing the sensitive parts.

We know what we need to do, but we treat the subject with a huge ignorance, believing that the time will fix everything ... but guess what?!

The episodes will be repeated on and on and on ... until the day we will understand that we need to talk with the inner self and solve the problem not with the persons that hurt us, but with that part of us that was hurt.

**We just need a little bit of
practice. This is the only reason
... why the Universe sends us
into ... problems and illusions.**

Once upon a time ... there was a philosopher that had the main target in life to study ... the illusion. He was focused so much on the idea that he started to see illusions everywhere ... and told everyone about this concept. But one day ... a very funny thing happened. He was suddenly contacted by an amazing lady ... that was telling him right away that he loves him a lot and ... and that he is the love of her life. In fact ... she was repeating that so often the fact that she was infinitely loving him ... that he started to be amazed he was so lucky cause she appeared in his life. But the philosopher ... had a close friend, a sorcerer which had a magic ball where he could see the real reality of life, but also ... a lady friend that was so connected to energies ... that she could tell you right away what was really happening in your life, but also what is going to happen into the future. The guy was speaking a lot with his 2 friends, especially

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about the amazing lady that appeared in his life.

But that only till one day when his lady friend ... annoyed by listening so much about that fabulous love story ... tells him ... "Listen ... you are so fucking blind ... and i had enough listening to this shit. She is just ... an amazing whore ... and nothing more than this".

Disappointed by what he was hearing ... the philosopher goes to his friend, the sorcerer ... that after hearing the story ... confirms him that he saw in the magic ball that the lady that he loved so much ... had sexual relationships with other men also ... in the same time when he was with him.

He was ... totally annoyed.

The universe was laughing of him ... sending in his life ... such a beautiful lady ... that lied to him in such an amazing way.

And ... suddenly he realized that this was actually the big test ... the test of illusions.

He studied so much ... the concept of the illusion of life, but he was fooled by this lady that appeared from ... nowhere.

The philosopher failed the test.

He was sad ... but it was so clear now.

He somehow knew it ... but could not accept that the big love story of his life was just a big lie ... a silly illusion.

But you see ... some concepts ... to be better understood we need some practice also.

To live and experience ... what the illusion really is.

Just the theoretical study ... is useless ... and somehow the Universe, loving us ... is revealing the ... truth ... in such an abstract way ... making us believe that the illusion is so damm ... real.

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And then we continue life ... forgetting all that happened ...
jumping from one illusion to another one.
But maybe this is how it works and how we need to
experience life.

Your enemy is not your nightmare ... but a reflexion of the negative side that you carry in your soul

We all have a negative and a positive side ... but we hide too much ... both of them, ignoring the fact that we are in here to experience the whole spectrum of what life means.

And is funny cause it happens as sometimes to experience beautiful things ... but sometimes we just experience very ugly episodes ... which annoys us ... cause most of the times we don't know the meaning of those situations and we just can't accept them.

Some enemies are appearing on the scene of life ... and we dislike them so, so much.

We actually hate them ... not realizing that their presence on our timeline is to make us understand ... what the soul is about.

But then the enemy ... becomes ... enemies and we start to believe that we live in such a hostile Universe.

We have no clue ... why everything is against us and what we had done wrong ... that we need to experience such annoying scenes.

All those enemies ... suddenly become the nightmare of your life ... and there is no one around to ... save you.

But maybe you don't need anyone to save you.

Maybe is time to save yourself and the questions start to appear in your mind ... how do i do this?! ... how do i get rid

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of those enemies?! ... in fact ... the most important thing ...
how do i get rid of this nightmare?!

And one day ... a strange voice is whispering ... "It's time to
wake up! You slept enough!"

... the answer was so damm ... simple and could not see it
for such a long time.

A nightmare is always ending ... when we wake up ... but
waking up means today ... a spiritual awakening.

We had to do it such a long time ago ... but we ignored we
need to disconnect from part of the people from our present.
Their influence dominated ... our reality in such an ugly
way ... and we ignored all those facts, even if we knew it, by
such a long time.

Awakening itself is a weird concept.

We knew about it ... we knew that at the end of life we
should jump to that level ... but we were too ignorants.

The price that we paid ... was huge.

We lost our inner peace ... because of some strange people,
that we name enemies but in fact those were the people
that revealed the negative side that we carry in our souls.

... then ... we continue walking again on a silly pathless
path ... not seeing that the enemy ... or the enemies ... were
the teachers that guided us so well to cure that side of us ...
that was not fixed yet.

Abstract ... i know ... but purely truth.

Redefining life is only a decision ... and we know it ... but we just do nothing about it

We talk a lot about our lives ... or maybe i should say ... all that bother us.

We ask the opinions of others ... and also the validation for all what we should do and not do.

And we continue in all kind of silly ways, but we never think, not even for a second, that all the answers can be found inside of us.

We actually live a life following a useless pathless path ... in an unconscious mode, not realizing that one day we will just need to stop.

... and all that is happening is because we don't believe in change, or that it is the right time for it.

In fact ...if we analyze it more ... it's never a good time ... or maybe the best time is ... now or never.

But we prefer to delay everything.

We know all we need to do for creating the big change that should redefine our lives ... but we always have in mind that tomorrow is the real day ... for that change.

And guess what?!

Tomorrow never comes.

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That tomorrow could be today ... could be ... now.
We are only at one decision away ... and we know it ... but
we just do nothing about it.